



Mt Si GOOD NEWSletter

MARCH 2020

WORSHIP FOR MARCH

~March 1st

9:30am Children and Youth led Worship

~March 8th

8:15am Worship

9:35—Education

10:45am Worship

~March 15th

8:15am Worship

9:35—Education

10:45am Worship

~March 22nd

8:15am Worship

9:35—Education

10:45am Worship

~March 29th

8:15am Worship

9:35—Education

10:45am Worship



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Pastor's Note

Grace and peace to from God our Father and our Lord and Savior Jesus Christ. Amen!

On Sunday, March 1st, we will be taking extra time in worship to talk about Lent, what it means and why we choose to worship in a particular way in lent. One thing you will notice is that our first and second services are going to look very similar for Lent with some differences in music choices. Worship and Music chose to keep our worship outline for each service the same so that we, as a congregation, were all experiencing the unique liturgical rhythm of lent. That rhythm tends to be a bit more somber and reflective. However, as we talk on March 1st and as we worship in this unique way during Lent I wanted to take a moment to remind us that we do this by choice, not by law. One of the things we will do on Sunday, March 1st, is “bury the Alleluia” as we choose to not sing “alleluia” during worship in the Lenten season. Luther was actually of the strong opinion that we ought to sing Alleluia in lent. Why? Well, in Luther’s time the idea of not singing alleluia had become a law, a rule, a non-negotiable. No one dared sing alleluia in lent for fear of breaking some rule of Christ and incurring God’s anger. Luther wanted to remind the people that no where in Scripture did Jesus say, “don’t sing alleluia for 5 weeks preceding

Easter...Luther wanted to remind people that it is a choice to sing Alleluia in Lent or not to sing it. So often we take traditions and turn them into unbreakable law. This is not what Jesus wanted for his people!

So, this year, while we make a choice not to sing Alleluia, we also remember that we could decide to sing it boldly. We have chosen a particular practice for the Lent season in our worship together. It is not right or wrong, it is simply a practice we are taking up as a choice to set this season apart from all other seasons by not singing Alleluia. Perhaps next year we will choose to sing Alleluia in lent to remind ourselves that we are an Easter people; a resurrection people every day of the year. Time will tell.

Worship is such a wonderful gift to the people of God. We have such freedom in worship. It is our time to celebrate, give thanks to and come humbly before our God in whatever way we feel called to express that deep rooted faith.

This Lent, as some of us choose to take up Lenten practices such as prayer, fasting, alms giving or choose to give-up something for Lent may we do so with the understanding that we do this as a choice, not an obligation or rule. Christ gave us incredible freedom by not setting up new rules for worship. Jesus kept things very simple...Jesus says, “follow me;” “love God;” love your neighbor;” “take and eat bread, take and drink wine in remembrance of me;” “be a servant to all;” and so much more. All were invitations to express our faith without bullet points of specific tasks. This Lent, enjoy your freedom. Peace, P. K.



We are looking for hands to help feed our neighbors in need each fourth Wednesday of the month at the Snoqualmie Valley Food Bank. Our next day to serve is **March 25th** The food of the month we are collecting is:

Apple Sauce & Fruit Pouches



Council

What you need to know!

2020 is a year of invitation and engagement
with our members and wider community!

2020 Council

President

Jack Boller 2022 (2)
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Vice President

Rick Rodriguez 2022(2)
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Secretary

Suzy Cassidy 2022 (2)
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Treasurer Annual Renewal

Jeff King
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Janey Benson 2021 (2)

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STAFF

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John Grebe, CYF Director
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Ambur Brown, Office Manager
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As I mentioned last month, the council has chosen to focus on three areas. One of those areas is community outreach and being more intentional in reaching out to our external community. As many council members as possible are now meeting an hour before our regular meeting to develop and implement outreach efforts. In order to achieve this the CYF team began discussions with Trail Youth in North Bend to explore opportunities to team up to expand outreach to troubled youth in the valley. As part of this effort we have applied for a grant offered by the Rotary. If we are successful in obtaining the grant, we will use the money to fund two or three workshops aimed at youth to provide training on team building and leadership skills. We are also reaching out with a focus on inviting our neighbors to Lenten soup suppers and worship. A team from council created door hangers and flyers and distributed them in communities near the church. We are inviting the whole congregation to think of neighbors and friends who you would like to bring with you to our soup suppers this Lent. Another focus area is the budget. We are closely monitoring our finances and at the end of March we will assess if it is necessary to take steps to reduce expenditures and increase income. I am anticipating that there will be a lot of opportunities for you to get involved as we move through the year. If you are interested in getting involved by serving on one of the ministry committees, contact Pastor Krista, John Grebe, or any of the council members.

HAVE QUESTIONS?
PLEASE TALK TO A
STAFF MEMBER OR
COUNCIL MEMBER

Blessings to you all.

Jack Boller

April 4th
8am-1pm
April 11th rain day

**SPRING
CLEAN-UP**

Children, Youth and Family

Spring is on the horizon and with spring comes renewed energy for new growth. The natural world around us reveals renewal and new growth as our winter is melted away. During this time of lent may we open our hearths and minds to all the opportunities for growth and new life. May each day be a reminder of resurrection.

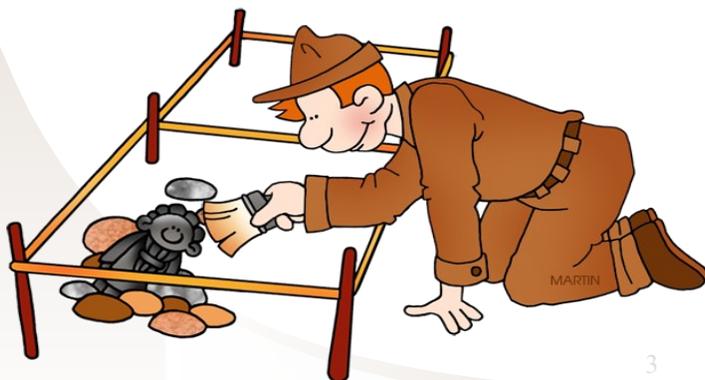
Upcoming events and dates:

Confirmation March 14: We will have a gathering of our confirmation group including M.S.L.C. and St. Luke's Lutheran Church youth. Details to come.

Kids Club: With spring coming we have more opportunities for field trips and outdoor adventures. If you are interested in helping out with field trips or if you have some exciting activities you would like to share please let John Grebe or Erica Haycox know.

Vacation Bible Study August 2-6:

The theme will be the Archaeological Quest for Jesus with the professor and his companion, Joseph, the multicolor mummy



Lopez Camping: Aug 22-25, we have reserved 8 camp sites for up to 40 people. As of right now we have approximately 30 members signed up. If you are interested please feel free to make a reservation with a \$20 deposit with John Grebe, Janey Benson, or Ambur Brown. Additional camping sites will come available for reservations 90 days prior to August 22nd. The official opening day for Reservations with Odlin County Parks is Monday March 2nd but individual sites cannot be booked until 90 days prior to the day you plan on arriving. RV camping is permissible, but the sites require boondocking.



MARCH 21ST

9:30-2:00

A Jar Has Been Found!

A Bible Study Seminar

A jar has been found. This jar contains fragments of texts that appear to be from the Bible. The outside of the jar has letters and words in the ancient Greek language. There are also engravings of an individual in ancient dress. An inscription on the bottom of the jar reads: "To: Mt Si Lutheran Church"

There is evidence that more jars are yet to be found.

It has been decided that we should seek to determine the messages of the garments contained in the jar. After all, the jar was addressed to us@ Therefore on Saturday, bible study seminar will include something for all ages. To discover the message in theologians, and pastors and teachers.

You will learn how to approach the text using the procedures of observation, interpretation, and application.

To insure we have enough supplies and tools (please bring your own excavation equipment) to complete this project please sign up as soon as possible. More information will be coming as we near the project date.

"God's word is hid. Not from us but for us!"

Discovery is our motivation and opportunity.



Northwest Washington Synod
Evangelical Lutheran Church in America
 God's work. Our hands.

SUNDAY READINGS FOR MARCH

March 1st Children and Youth Led

Worship @ 9:30am

First Sunday in Lent

March 8th

First Lesson

Isaiah 58:1-12

Gospel Lesson

The Prodigal Son—

Luke 15:1-3; 11-32

March 15th

First Lesson

Rom. 10:8b-13

Gospel Lesson

Mary and Martha—

Luke 10:38-42

March 22nd

First Lesson

Rom. 5:1-11

Gospel Lesson

Jesus Meets Zacchaeus—

Luke 19:1-10

March 29th

First Lesson

Rom. 4:13-25

Gospel Lesson

The Last Supper—

John 13:1-20

It's time to be honest

Wouldn't it be nice if people could talk about their anti-anxiety medication or depression medication as easily as their cholesterol medication? Unfortunately, even though we have come a long way in society, there is still some shame when talking about illnesses in our brains – whether it is anxiety or depression or addiction or bipolar disorder or ADHD or a traumatic brain injury (TBI) or other mental health challenges. Sadly, there seems to be an added stigma when one is a deacon or a pastor. I am not sure why. Perhaps it is because rostered ministers are supposed to have everything in order. Perhaps it is because rostered ministers are supposed to be the helpers rather than the ones who need help. I don't know. But the stigma is present. The truth is, in the United States nearly one in five adults experience some form of mental illness. It is very common. And, in most cases, it is treatable with therapy and medication. With the right treatment plan, most are able to lead a full and happy life. I encourage us all to be compassionate and to be truthful with one another. We all need to get to a point where we can be honest regarding our mental health, whether we are a rostered minister or a layperson. This is for the sake of the church, the person involved and their family. When I was a young adult, I learned that my great-grandmother suffered from schizophrenia. I had never met her and thought she had died years before I was born. The reality was that she died only a few years before I heard about her. You see, she had been institutionalized for years and no one in the family spoke of her. I am saddened that I never had a chance to meet her. And I am saddened for the shame my family held close. My family and I are less than what we could have been together. While I am thankful that things are different than when my great-grandmother was confined to an

“asylum” (as it was called back in the day), we still have a long way to go. I encourage all of you to be honest if you are experiencing symptoms. I ask all of you to listen and see and empathize with those who are struggling. And encourage those around you to get help as needed. Truly, we do not want you to struggle alone.

In addition to your primary care provider, here are some resources:

- Lutheran Counseling Network: www.lutherancounseling.net/ • Lutheran Community Services Northwest: www.lcsnw.org/
- Suicide Prevention Hotline: 800-273-8255 • For Rostered Ministers: Consultation to Clergy: www.consultationtoclergy.org/
- For Portico Plan Members, check out the online Learn to Live and Being programs: www.porticobenefits.com Let us trust in one another. Truly, let us trust in God - that God is with us, carrying our burdens, and giving us rest. Blessings, Bishop Shelley Bryan Wee P.S. Here are two additional stories that might be of interest: •
- <https://livingchurch.org/2019/11/18/facing-an-invisible-storm-mood-disorders-in-church-workers/>
- www.indianapolisrecorder.com/religion/article_3a80369a-2bda-11ea-98ee-5722a8bd15b1.html?utm_medium=social&fbclid=IwAR3JhB2MSEdH7Vz47rp2vaHtuCDOUMpuUzGO5tarK7P6NQ0gn1cBYIQW3qE

Children and Adult Education

SPARK!

Wow! It's March already! The church's education / lesson theme is Discipleship: Listen to Me!! How can we follow Jesus' Example? We are learning about Jesus' radical love for all people. These stories from Luke teach us that no matter what we have done Jesus loves us and accepts us! The end of the month we will begin to enter into Holy Week and the miraculous Easter story.

Please join us March 1st with One Worship service at 9:30 with the youth leading much of the service. (Those participating should arrive 15 minutes earlier.) The theme is Discipleship: Go & Do Likewise and the kids will be sharing what they learned the past weeks during Sunday school. We will prepare for the season of Lent together and learn why the church does some of the things that it does/and doesn't do during this season before Easter.

It's an exciting time to be together learning about Jesus – we hope to see everyone in attendance! It's more fun when we all are together!

Coming up!

March 1st One Worship! - 9:30

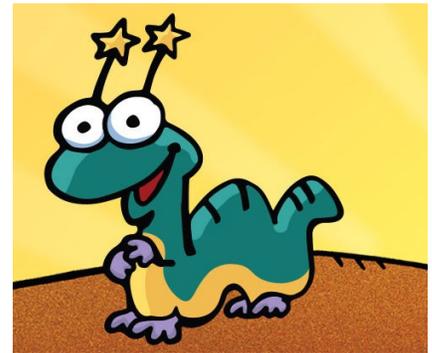
March 8th The Prodigal Son / Luke 15:1-3; 11-32 SS 9:35

March 15th Mary & Martha / Luke 10:38-42 SS 9:35

March 22nd Jesus Meets Zacchaeus/ Luke 19:1-10 SS 9:35

March 29th The Last Supper/ John 13:1-20 SS 9:35

April 5th One Worship! Palm Sunday - 9:30



*Our Sunday School offering will go to the Quilters ministry for supplies & shipping costs! We're excited to support this amazing ministry!

**Don't forget to check out our Sunday school bulletin board in fellowship for all the latest news





FLOWERS

Date	Name
March 1	Erica Haycox
March 8	Pastor Krista
March 15	Koukol Family
March 22	
March 29	

Flower Chart Sign-up is in the Narthex on the sign-up wall. Please take a moment to sign-up for a week to bring flowers for the altar. Thank you!

Worship Assistants

Date	Ushers	Lector	Communion	Acolyte
March 1 9:30am	Youth	Youth	Family	Family
March 8 8:15am	Tom Chase, Mike Kober	Terry A	Courtney A.	
March 8 10:45am	Mark Imsland	Lisa S.	Inge B.	Sampson Family
March 15 8:15am	David V. and Mike Kober	Rick R.	Marlin O.	Addison W.
March 15 10:45am	Mike Hanson	Ed Benson	Janey Benson	Harding Family
March 22 8:15am	Sue O, Austin and Zowie	Tom B.	Inge B.	Austin and Zowie
March 22 10:45am	Ed Benson, Bill Stone	Suzy Cassidy	Suzy Cassidy	Rhyne Family
March 29 8:15am	David V. and Mike Kober	Kay Boyle	Kay Boyle	Addison W.
March 29 10:45am	Mike Hanson	Brenda David	Rosemary Hanson	Davis Family

COUNTERS FOR MARCH

March 1st	March 8th	March 15th	March 22nd	March 29th
Erica H	Ed	Jack	Terry	Nancy
	Peggy	David	Jeff	Peggy

Shrove Tuesday

On February 25 about 40 folks gathered together for our annual Shrove Tuesday/Fat Tuesday Pancake meal! We had a great time visiting with friends & listening to calypso music all while eating pancakes (some green), sausage, fruit and delicious king cake! There even was a pancake race & pancake eating contest for the kids! A big thank you to everyone who helped make this event a success



Suzy Cassidy	March 01
Hayden Imsland	March 09
Mark Imsland	March 09
Gretchen Chase	March 13
Cassandra Koukol	March 14
Austin Hall	March 18
Anja Yocom	March 19
David VanHandel	March 20
Anne Keiser	March 24
Jeffrey King	March 31

Worship Assistant Schedule

If you wish to be an **Usher or Lector**—**Vivian Waid** is now coordinating our ushers and will be calling you! If you want to be on her list, please let her know.

Please check the monthly assistant schedule for **communion and acolyte** responsibilities which are being assigned.

The office is working to send a weekly reminder to all assistants.



Rick and Sheila Rodriguez
Mar 22nd

March 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 9:30am <i>Child and Youth Led Worship</i></p> <p>LENT ONE</p>	<p>2 12:30pm Women's Bible Study</p>	<p>3 9:30am Quilters</p>	<p>4 6-8pm BSA #456 6pm Soup Supper 7pm Worship</p>	<p>5 11:30am B-day Luncheon 6-8pm AA 7pm Thirsty for Theology @ the Parsonage</p>	<p>6 1:30-6:00pm Kid's Club</p>	<p>7 8:30am Men's Bible Study @ Country Pride 10am Women's Ministry</p>
<p>8 8:15am Worship 9:35am <i>Education and Coffee Hour</i> 10:45am Worship</p> <p>LENT TWO</p>	<p>9 12:30pm Women's Bible Study</p>	<p>10 9:30am Quilters 6pm Evangelism and Outreach 7pm Council</p>	<p>11 6-8pm BSA #456 6pm Soup Supper 7pm Worship</p>	<p>12 6pm AA Bible study 7pm AA</p>	<p>13 1:30-6:00pm Kid's Club</p>	<p>14 8:30am Men's Bible Study @ Country Pride TBD Confirmation Gathering</p>
<p>15 8:15am Worship 9:35am <i>Education and Coffee Hour</i> 10:45am Worship</p> <p>LENT THREE</p>	<p>16 12:30pm Women's Bible Study 6-9pm Girl Scout Leaders Meeting</p>	<p>17 9:30am Quilters 1pm Parish Ed</p>	<p>18 6-8pm BSA #456 6pm Soup Supper 7pm Worship</p>	<p>19 4pm GS Troop 6pm AA Bible study 7pm AA</p>	<p>20 9am-5pm Life Screening in FH 1:30-6:00pm Kid's Club</p>	<p>21 8:30am Men's Bible Study @ Country Pride 9:30am-2pm Bible Discovery Event!</p>
<p>22 8:15am Worship 9:35am <i>Education and Coffee Hour</i> 10:45am Worship</p> <p>LENT FOUR</p>	<p>23 12:30pm Women's Bible Study</p>	<p>24 9:30am Quilters</p>	<p>25 9am-12pm Serving at the Food Bank 6-8pm BSA #456 6pm Soup Supper 7pm Worship</p>	<p>26 6pm AA Bible study 7pm AA</p>	<p>27 1:30-6:00pm Kid's Club</p>	<p>28 8:30am Men's Bible Study @ Country Pride</p>
<p>29 8:15am Worship 9:35am <i>Education and Coffee Hour</i> 10:45am Worship</p> <p>LENT FIVE</p>	<p>30 12:30pm Women's Bible Study</p>	<p>31 9:30am Quilters</p>	<p>Spring Cleaning Date!!! April 4th 8am-1pm</p>			

Upcoming Events in March and Holy Week



Lenten Soup Supper and Worship

6pm Soup Supper
7pm Worship
March 4th
March 11th
March 18th
March 25th
April 1st



Clay Jar Exploration and Bible Discovery!

March 21st
9:30-2:30pm, Lunch included!
All ages welcome
Come work together to put together some ancient scrolls and learn about the Bible.
See article on pg. 3 for more information.



Holy Week Worship

Maundy Thursday is on April 9th @ 6pm

Good Friday is on April 10th @ 7pm

24 hr. Prayer Vigil
****NEW**** starting Sat. at 6:30am, ending Sun. 6:30am

All are invited to sign-up for one hour of prayer during the 24hrs. The church will be open with music and guided prayer opportunities. I hope this can be a meaningful time of meditation and preparation for Easter Morning as we wait and watch with Christ.

IMPORTANT MARCH DATES

Birthday Luncheon—March 5th—11:30am in the Fellowship Hall
Thirsty for Theology—March 5th—7pm @ the Parsonage
Women's Ministry Gathering—March 7th—10am in Fellowship Hall
Bible Discovery Event—March 21st—9-2pm in the Fellowship Hall
Serving @ SVFB—March 25th—9-12:30pm @ SVFB

THE MISSION OF MOUNT SI LUTHERAN IS: ~SERVING~

Mount Si Lutheran is a Christ centered community in service to others.

~REACHING OUT~

We are following Christ's Great Commission, bringing others to Christ through our love, our faith, our hope and our actions.

~GROWING IN GRACE~

As we grow in understanding of God's unconditional acceptance and forgiveness, we encourage others to grow in the biblical principles of faith, hope and love.

Church Contact Information

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