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Mount Si Lutheran Church

To Serve  
To Reach Out  
To Grow In Grace

# GOODNEWSletter

MARCH 2026



## Pastor's Note...

Grace and peace to you all -

It is a joy to be back home after a wonderful mission trip to Belize. Each year we go, the relationships formed the previous years are strengthened. It is truly a blessing to greet students, faculty and staff we've met before and hear about their lives and share about our own since we last saw each other. Of our group of 16 - seven were returning and nine were new. As always, we saw the face of God in the people all around us.

At the close of each day we gathered for reflection and devotion. Our guiding verse this year, from Isaiah goes like this, "How beautiful on the mountain are the feet of those who proclaim peace, who bring good news and glad tidings, who proclaim salvation and say to Zion, "your God reigns.""

Each day we were challenged to center our feet into the work God called us to do - some were called to teach, others to paint, others to crochet, others to build, others to heal, others to encourage, others to bring laughter, others to dig, others to plant and so much more.

This invitation to be mindful of how we enter a space - is one for all of us in all times and places.

There are times my feet, filled with anxiety and uncertainty will propel my body into a space with such force, it sets the stage for any interaction that

follows. Sometimes, my feet bring a tired, exhausted body into a space - sometimes my feet bring a jubilant, energized body into a space...

How we enter a room or a conversation will always impact what is to follow.

So - how can we be mindful and purposeful with our steps - how can we be prayerful before we enter - how can we bring peace, good news, glad tidings and a word of salvation?

Our feet won't always be beautiful - that's for sure! I give thanks this season for the reminder of Jesus sacrificial love that forgives my feet when they fail to proclaim peace, good news, glad tidings and proclaim salvation.

I do pray that we can all be a bit more aware of our feet in the days ahead. I pray that we ask the Spirit to turn our feet around (repent) when we need to. I pray that we ask the Spirit to cause our feet to run to places that need a word of peace, good news & glad tidings.

I pray that as we approach Holy Week - we are mindful of the feet of Christ that walked into an upper room to share a meal - that walked to the Garden to pray - that walked into the judgement hall - that walked, laden with a cross to his death - that walked right out of the tomb. What beautiful feet indeed!

May our feet be guided onto paths that cause them to be beautiful in this world.

Blessings!

Pastor Krista

In this newsletter  
you will find:

Special Events In  
March & April

Supporting One  
another In Faith

March Birthdays  
and Anniversaries

Key Partnership  
Updates

Reaching Out

Holy Week at Mt Si

Letter From Bishop

VBS Information

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## Special Events in March & April



### Lent Midweek Soup Supper & Worship

Gather in the fellowship hall at **6:00pm** for a soup supper. Supper will be served until 6:45pm.

Please see the sign-ups in the Fellowship Hall. Soup, bread, set-up and clean-up assistance is needed.

At **7:00pm** we will head to the sanctuary in worship. We will use the Vespers service, Bless this Night, to frame our worship.

Each Wednesday we will focus on a new prayer practice as part of our time together.



### Game Night March 15 @ SLLC

Community Game Night is hosted this month by St. Luke's in Bellevue. A taco bar is being provided for dinner. Please bring a snack and/or game to share! See you there!



### Palm Sunday, March 29

Come join the fun as we follow the donkeys in a palm procession. Then, following worship, enjoy a special scavenger hunt for children and youth! Families are encouraged to attend this special day.



### Spring Clean-Up March 14

9am-2pm. Bring your garden gloves and yard tools. We will pick up limbs, rake out flower beds, trim trees & bushes, and clean out gutters. All help is greatly appreciated! Contact Rick R. with any questions.



### Maundy Thursday April 2, 7pm

You are invited to a special worship at 7pm in the Fellowship Hall on Thursday, April 2<sup>nd</sup>. We will begin worship together and then journey in small groups through five unique stations. We will join back together to end our worship.

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Sunday, March 29 - After Worship  
Children & Youth Event!

# Scavenger Hunt



Palm Sunday



# EASTER BREAKFAST

Sunday, April 5,  
Following Worship

Come one - Come All!

Enjoy a delicious breakfast prepared by the Mission Team and volunteers.

During our breakfast we will learn about the upcoming mission trip to Lantern Hill in Ensanadas, Mexico this June.



Freewill OFFERING

As you are able, you are welcome to give a freewill offering to support the mission trip during the breakfast.

Mt Si Lutheran Church invites you to  
Holy Week Worship Services

**Palm Sunday**

March 29  
9:30am

Palm Procession!  
and Scavenger  
Hunt after Worship



**Maundy Thursday**

April 2  
7:00pm

Worship  
In Fellowship Hall



**Good Friday**

April 3  
7:00pm

Worship in  
Sanctuary



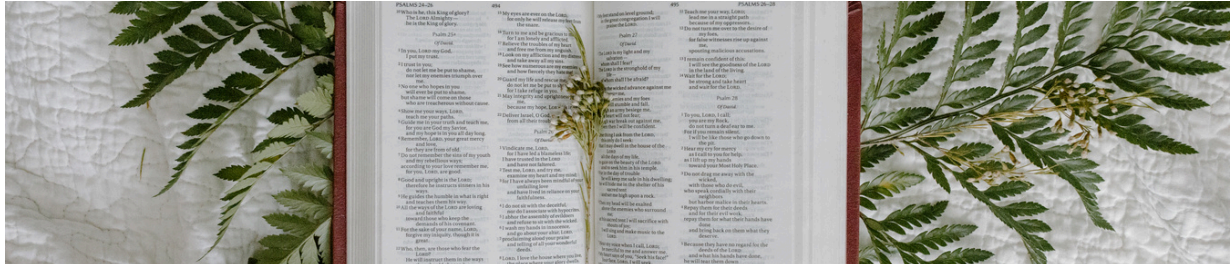
**Easter Sunday**

April 5  
9:30am

Easter Breakfast  
& Fellowship  
after Worship



# Supporting one another in faith.....



## Sunday Readings & Weekday Education Opportunities

### MARCH SUNDAY LESSONS

#### March 1

First Lesson: Romans 4:1-5, 13-17

Gospel Lesson: Matthew 8:5-13

#### March 8

First Lesson: Romans 5:1-11

Gospel Lesson: Matthew 9:27-33

#### March 15

First Lesson: Ephesians 5:8-14

Gospel Lesson: Matthew 9:18-26

#### March 22

First Lesson: Ezekiel 37:1-14

Gospel Lesson: Matthew 8:18-27

#### March 29 - Palm Sunday

Processional Gospel: Matthew 21:1-11

Gospel Lesson: Matthew 9:1-8

### EDUCATION OPPORTUNITIES IN MARCH

**Men's Bible Study** - Saturdays, 9am @ Little Si Restaurant.

**Women's Bible Study** - Mondays starting at 12:30pm. Talk to Sue Oster for details

**Confirmation** - March 8, 4-7pm @ Sanit Andrew's Lutheran Church

**Save the Dates! Study of Esther Begins Wednesday nights after Easter.** Look for details in next month's newsletter or ask Courtney A. if you have questions.



SUZY CASSIDY 1ST

MARK IMSLAND 9TH

GRETCHEN CHASE 13TH

CASSANDRA KOUKOL 14TH

AUSTIN HALL 18TH

DAVID VAN HANDE 20TH

ANNE KEISER 24TH

JEFFREY KING 31ST



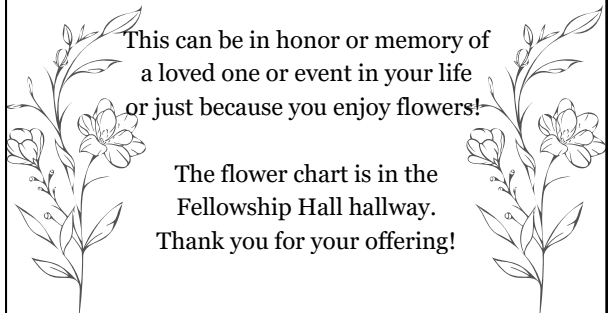
Rick & Sheila Rodriguez 22nd

### Flower Chart Sign-ups

**Please consider signing up to bring flowers for our altar on Sunday morning.**

This can be in honor or memory of a loved one or event in your life or just because you enjoy flowers!

The flower chart is in the Fellowship Hall hallway. Thank you for your offering!



**From the Bishop:****March 2026**

We are living in times that would have felt unimaginable just a few years ago. We are surrounded by neighbors who are worried about sending their kids to school, seeking medical help, or gathering for worship – afraid of what might happen. We are also surrounded by neighbors who are anxious about people from other countries or people of different religions – uncertain about a changing world and unsure where they belong. Many people are afraid. And this fear, in all its forms, is shrinking our world.

Fear pulls us inward. It isolates us from one another. It tempts us to retreat into suspicion and guardedness rather than reaching out toward one another. It makes it harder to see one another as fully human. It becomes almost impossible to say that we are all beloved of God and all neighbors with one another. Truly, as followers of Jesus, we are called to a new way: a way of connection, courage, and community.

During this time of Lent, as children of God, let us practice these new ways through the disciplines of prayer, fasting, and charity (the traditional disciplines of Lent).

Prayer: Let us pray together for this world. Let us read scripture together and attend mid-week Lenten services. Let us light candles each night. Let us listen to one another's fears and longings. Let us gather on street corners and sing. Let us gather in churches and homes – and even in front of federal buildings. Prayer grounds us so we remember who we are and whose we are. Let us gather in prayer this Lent.

Fasting: You are welcome to give up luxuries during Lent – but fasting also invites us to examine what consumes us and what we consume in return. What are we holding onto that causes us not to see our neighbor? What holds our attention more tightly than the people right in front of us? This Lent let us choose practices that connect us rather than separate us. Let us fast from doomscrolling and performative outrage and instead read thoughtfully and be genuine in our allyship. Let us make space for joy, for creativity. Let us not only fast from junk food but let us prepare good, nourishing meals for those who are without. Let us fast expansively this Lent.

Charity: This is not simply about writing a check (though sometimes this is a faithful use of resources). Charity is also showing up. Let us share time, attention, and care. Let us reduce our focus on hoarding wealth or possessions and instead practice love for our neighbors in tangible ways. Let us use our voices for those who have been silenced. Let us help redistribute wealth so that those who are without receive what they need. And let us stand in solidarity with communities who are vulnerable. Charity makes visible Christ's love we proclaim. Let us show the love of God and neighbor through charity this Lent.

These practices alone cannot change the world – but we believe in One who is already changing this world. And so, as we practice these disciplines, we also live in the promise that the Holy Spirit is alive and active in this world. And that even in this fearful time, death does not have the final word. Through Jesus, God is always bringing hope out of despair, community out of isolation, life out of death. As people shaped by the promise of the resurrection, may we dare to live differently – to pray boldly, to fast with freedom, to give generously. May the Holy Spirit strengthen us during these forty days and beyond. And may our lives bear witness to the new life God is already creating among us.

Bishop Shelley Bryan Wee | [bishop@lutheransnw.org](mailto:bishop@lutheransnw.org)

# Key Partnership Updates...Reaching Out

## BELIZE MISSION TRIP 2026

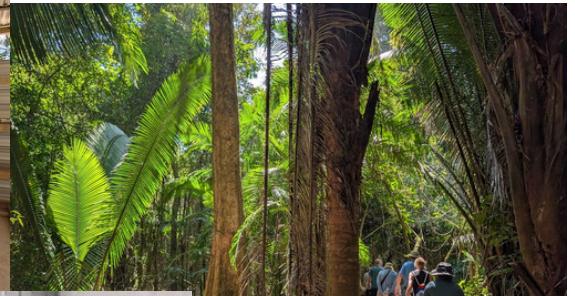
Ten Days Down in Belize

Ten days down in Belize  
Into a tropical paradise  
Dusty roads and coconut trees  
Ice cold beer and beans and rice

Days so hot it's hard to breathe  
Nights as sweet as honeyed wine  
Hurry has no meaning there  
All good things will come in time

Ten long days in old Belize  
The rhythm of a different way  
Songs float softly on the breeze  
In the village children play

Mayan faces all around  
Life unchanged for centuries  
Grace and happiness abound  
Down in old Belize  
-Bud Pierce



What an incredible mission to Belize this year. Monica & Dianne along with help from the team led CPR and First Aid classes daily for the students and staff. Peggy with help from others on the team led art classes - the first art class any student had ever taken! Roger and others built a much needed large storage area to make way for a new cooking class. Bud, David, Erik, Toren and others rehabilitated a community playground. Nancy and Kirsten with help from others helped repaint the exterior of the elementary school. Leslie taught finger weaving. We laughed together and cried too. There is so much more to share! It was a beautiful trip. Please ask one of our team members about their experience. Peace, P. K.

## Vacation Bible School 2026! Registration Open Now



VBS at Mt. Si will be held July 13-17 from 9am-Noon. The program is designed for grades K-6, and the theme will be At the Table. We will explore five Biblical stories featuring bread and God's Word, and there will be actual bread making (yum!), along with crafts and learning about loving our neighbors. There is NO cost to participate.

If you have questions or are interested in volunteering, contact Pastor Krista ([pastor@mtsilutheran.org](mailto:pastor@mtsilutheran.org)).

To learn more and to register, go to [www.elfpnw.org/vbs2026](http://www.elfpnw.org/vbs2026).